

# TRUST

Putting your confidence in  
someone you can depend on



WEEK TWO  
K-5<sup>th</sup> Grade

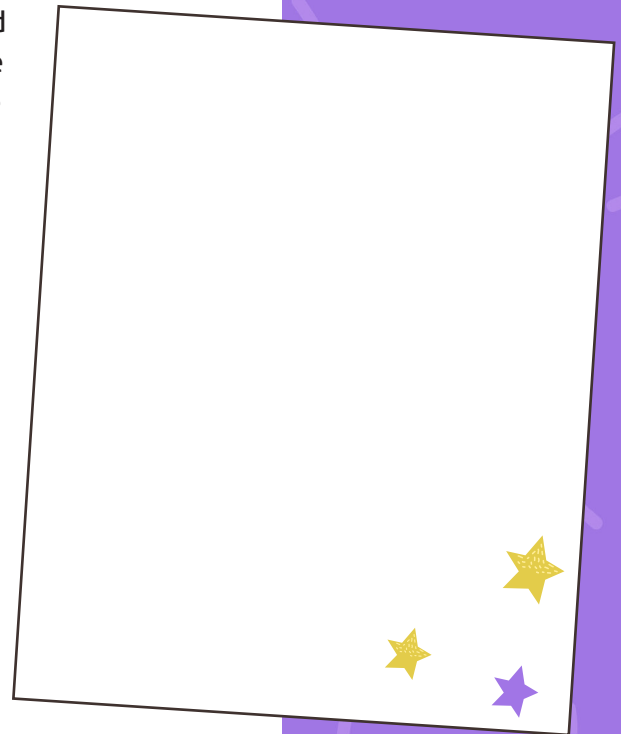
## Read Psalm 9:10

## DAY 1

Have you ever heard of someone being stranded on a deserted island? If you were stranded on an island by yourself, what three things would you bring with you? Draw a picture of them in the space to the right.

Looks like you made some interesting choices. The word “deserted” found in our verse today reminds us of one very important truth when it comes to trust. God will not abandon you when the going gets tough. Even if you were to land on that deserted island with only the three items you listed above, you wouldn’t really be alone. You can depend on God because He is with you, always. When you think you’re alone, trust that God is with you.

Do you own one of the items you’ve drawn in the box above? If so, grab it and hold it as you ask God to help you trust Him this week when you feel alone.



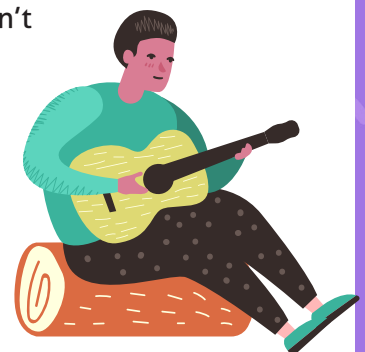
## Read Isaiah 41:10

## DAY 2

When was the last time something scared you? Did you hear a weird noise after the lights were out at bedtime? Was there a big storm that caused the power to go out in your house? Did you watch a movie with a scary part that made you cover your eyes? We all get scared sometimes. And in those moments, knowing a verse like Isaiah 41:10 can help.

Write today’s verse on a blank piece of paper. Then, circle the following phrases in the verse: “I am with you” and “I am your God.” These are the “why” statements in this verse. You don’t have to be afraid. Why? Because God is with you. You don’t have to be terrified. Why? Because He is your God. And guess what? Nothing scares God. He is more powerful than any storm or crazy noise or silly movie. He will hold you safe in His mighty hands. Remember, when you think you’re alone, you can trust that God is with you.

Read the words of Isaiah 41:10 out loud and thank God for the reminder that you don’t have to be afraid because He is with you.



Did you know that God has a superpower? Actually, God has pretty much every super power because He's God. But one super-awesome, totally-amazing mind-blowing and awe-inspiring thing about God is that He is omnipresent!

Do you know what omnipresent means? When the teacher takes attendance at the beginning of the day, she makes note of the fact that you're in your seat, ready to learn. So if present means "here," do you want to take a guess at what "omni" means?

Omni means "all." When you squish the two words together, "omnipresent" means all-present or present everywhere. God has the ability to be with you at school, with your Mom at work, with your little brother at preschool, even with your cousin in a whole other state, at the same time. That means that God is with you everywhere you go. Isn't that an amazing super power?

The next time you feel like you're all alone and that no one cares or you just need someone to talk to, remember God is right there. You can be strong and brave. You can hang on to hope because God is with you, everywhere, always.

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What does it mean to say, "You are my God"?

Let's start with who God is. He is our creator. He is our provider. He is our protector and friend. He is all-knowing, all-powerful, loving and kind. He sent His only Son, Jesus, to pay the price for the wrong things we've done because He loves us. And though we cannot see Him, He is always with us, always available and ready to help. When we place our trust in His mighty hands, we will never be disappointed.

Today's verse is a great one to memorize. Write out the words of today's verse on separate cards. Place them on the floor and repeat the verse. Then remove one or two cards and see if you can say the whole verse including the missing words. Keep removing cards until you can repeat it from memory. The next time you feel like you're all alone, repeat the words of this verse to yourself as a reminder that God is with you.

Tell God that you trust Him and remind yourself that He is your God.

